

RIO

CROSS COUNTRY

2010 MEDIA GUIDE



UNIVERSITY OF
RIO GRANDE
& RIO GRANDE COMMUNITY COLLEGE

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It was going to be tough enough for the University of Rio Grande RedStorm men's cross country team to defend its Mid-South Conference championship from a season ago, with the addition of Shawnee State to the league. The same Shawnee State who closed out 2009 ranked No. 4 in the country and is ranked No. 3 in the preseason rating.

It may be impossible due to the fact that a very good RedStorm team has been riddled with injuries. Rio Grande head coach Bob Willey is not even sure at this point how many healthy runners he will be able to field this season.

"The wheels have fallen off," said Willey. "We were hoping that we would come in, everybody on the men's side ran all summer, they were all in pretty good shape and then injuries started to take place before a lot them even got here," Willey said. "We have to make some decisions on some, whether we're going to redshirt this person or that person."

"It's one of those, we thought wow we could have one of the better seasons we've had in years and I'm wondering now if we're going to have enough to have a team," Willey added.

Rio Grande was due to have a very strong team back from last year when they advanced to the NAIA National Meet and finished No. 21 in the country. Nearly all the runners were set to return and now it looks like the majority of the team could be headed for medical redshirts.

"We started out with 16, many of them are still training, we're doing alternative (exercises) with the pool, some are on the bike," Willey added. "They're still hoping to have their best season they've ever had individually, and if that happens then our team will do well."

"It's just not quite what we had hoped for, I think with our guys, we were hoping that we could put five or six under 26 minutes this year for 8 K, which doing that, we would probably for sure be a Top 10 team in the nation," Willey said. "Obviously we'd like to try to be top five, but now I don't know what is going to happen."

Redshirt sophomore Nick Wilson (Barlow, OH) looks to have emerged as the squad's top runner fol-

lowed closely by sophomore Joe Taranto (Pickerington, OH), who will miss time early because of an injury, but Willey said that Taranto will run as the season progresses. Other returning runners are juniors Zane Miller (Grove City, OH), Lucas Murphy (Grove City, OH) and Bryce Wilson (Jackson, OH).

Junior Chad McCarty (Tipp City, OH) and sophomore Nathan Mogle (New Madison, OH) will redshirt this season and Willey has not made a final determination yet on the status of senior Matthew Spencer (Pickerington, OH) and freshman Myles Corcoran (Wilmington, OH), both of whom are a part of the walking wounded.

Also returning from last season are senior Kyle Hively (Vinton, OH), sophomore Kyle Goode (Racine, OH) and junior Justin Hartley (Glouster, OH). Freshman Dylan Roush (Racine, OH) joins up this year and will compete week one.

In reality the top seven (scoring) runners will be difficult to forecast at this point for the 2010 version of the RedStorm team. "Everybody has the opportunity to try to run at any meet," Willey said. "The only meet that doesn't happen is the All-Ohio, you have to pick seven runners, but when we go to a meet, everybody has the opportunity. When they shoot the gun everybody runs, like I said, we were hoping for five or six people to be under 26 minutes, we've got a few that will still do that, but in cross country you're only as strong as your weakest person."

With all things being equal Rio Grande was picked to finish second this season in the MSC behind arch-rival Shawnee State. However, with all the injuries, all things are hardly equal. "Like I said, the wheels just keep falling off," Willey said. "I'm afraid we're going to run out of wheels if we're not careful here."

The highlight of the schedule is always the Rio Invitational, set for September 25. This will mark the 40th anniversary of one the greatest traditions in southeastern Ohio.

The season begins on Saturday (September 4) at the Flyer 5 K hosted by the University of Dayton.



2010

<i>Date</i>	<i>Meet</i>	<i>Location</i>	<i>Time</i>
Sept. 4	Flyer 5K Challenge	Kettering, OH	10:45 a.m.
Sept. 11	Ohio University	Athens, OH	11:15 a.m.
Sept. 25	Rio Grande Invitational	Rio Grande, OH	10:45 a.m.
Oct. 1	All-Ohio	Cedarville, OH	2:00 p.m.
Oct. 15	Fall Classic	Wilmington, OH	5:00 p.m.
Oct. 23	Great Lakes Inv.	Grand Rapids, MI	11:00 a.m.
Oct. 29	Red & White Inv.	Rio Grande, OH	5:00 p.m.
Nov. 6	MSC Meet	Portsmouth, OH	11:00 a.m.
Nov. 20	NAIA National Meet	Port Vancouver, WA	10:45 a.m.





Bob Willey

Willey is in his second stint as Head Men's and Women's Cross Country & Track Coach, which began in 1986.

He earned a Bachelors of Science in Health & Physical Education from Rio Grande College in 1973 . Willey went on to earn his Masters in Health Education from Union College in 1975.

Willey's first stint as Head Track & Cross Country Coach at Rio Grande College was from 1975-1979.

He left to become Head Men's Track and Cross Country Coach at Morehead State University and was there from 1979-1985 before returning to Rio Grande.

While at Rio Grande Willey has coached five Individual National Champions, 100 All-Americans and 44 Academic All-Americans.



Marilyn Snyder

Snyder is in her first season on the coaching staff at Rio Grande. She was born and raised in Corpus Christi, Texas where she lived until graduation of High School. While in high school Snyder participated in NJROTC and competed at Nationals all four years.

Following High School Snyder attended the University of Rio Grande and received a bachelor's degree in psychology with a minor in business. During her undergraduate studies she participated in the psychology club as the treasurer, the student ambassadors as the secretary, and the circle-k club, while working as a student worker in the Admissions Office.

She is currently continuing my education by attending the University of Rio Grande for a Master's degree in business.

Snyder participated in track during her junior high years and began running track again as a freshman at Rio Grande and competed for two years.



Runner

Class

Hometown/High School

Steven Davis

Sr.

McConnellsville, OH/Morgan

Kyle Hively

Sr.

Vinton, OH/River Valley

Matthew Spencer

Sr.

Pickerington, OH/Pickerington North

Chad McCarty

Jr.

Bethel, OH/Bethel

Zane Miller

Jr.

Grove City, OH/Central Crossing

Lucas Murphy

Jr.

Grove City, OH/Central Crossing

Bryce Wilson

Jr.

Jackson, OH/Jackson

Kyle Goode

So.

Racine, OH/Southern

Justin Hartley

So.

Trimble, OH/Trimble

Nathan Mogle

So.

New Madison, OH/Tri Village

Justin Roush

So.

Belpre, OH/Warren

Joe Taranto

So.

Pickerington, OH/Pickerington Central

Nick Wilson

So.

Barlow, OH/Warren

Myles Corcoran

Fr.

Wilmington, OH/Clinton-Massie

Dylan Roush

Fr.

Racine, OH/Southern

Head Coach: Bob Willey

Assistant Coach: Marilyn Snyder

Assistant Coach: Brandon Baston





Steven Davis

Height: 5-9
Class: Senior
Hometown: McConnellsville, OH
High School: Morgan
Parents: Tonya Wilson
Major: Biology



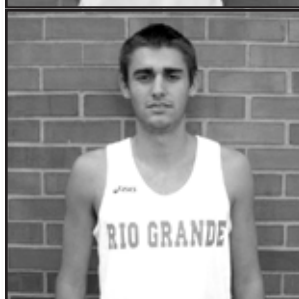
Kyle Hively

Height: 5-8
Class: Senior
Hometown: Vinton, OH
High School: River Valley
Parents: Danny & Ruth Hively
Major: Healthcare Administration
Minor: Information Technology & Business



Matthew Spencer

Height: 6-1
Class: Senior
Hometown: Pickerington, OH
High School: Pickerington North
Parents: Bill & Jackie Spencer
Major: Environmental Science



Chad McCarty

Height: 5-11
Class: Junior
Hometown: Bethel, OH
High School: Bethel
Parents: Tom & Lynne McCarty
Major: Business



Zane Miller

Height: 5-11
Class: Junior
Hometown: Grove City, OH
High School: Central Crossing
Parents: Lewis & Christina Miller
Major: General Studies

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Lucas Murphy

Height: 6-0
 Class: Junior
 Hometown: Grove City, OH
 High School: Central Crossing
 Parents: Ken & Mary Murphy
 Major: Information Technology



Bryce Wilson

Height: 6-0
 Class: Junior
 Hometown: Jackson, OH
 High School: Jackson
 Parents: Greg & Wendy Wilson
 Major: Industrial Technology



Kyle Goode

Height: 6-0
 Class: Sophomore
 Hometown: Racine, OH
 High School: Southern
 Parents: Delores Goode
 Major: Accounting
 Minor: Computer Science



Justin Hartley

Height: 5-8
 Class: Sophomore
 Hometown: Trimble, OH
 High School: Trimble
 Parents: Donald & Mary Lou Hartley
 Major: Chemistry
 Minor: Physics



Nathan Mogle

Height: 5-8
 Class: Sophomore
 Hometown: New Madison, OH
 High School: Tri Village
 Parents: Brian & Robin Mogle
 Major: Physical Education
 Minor: Health Education





Justin Roush

Height: 5-10
Class: Sophomore
Hometown: Belpre, OH
High School: Warren
Parents: Yancy Roush
Major: Psychology



Joe Taranto

Height: 5-10
Class: Sophomore
Hometown: Pickerington, OH
High School: Pickerington Central
Parents: Dan & Ami Taranto
Major: Accounting
Minor: Business Management



Nick Wilson

Height: 5-10
Class: Sophomore
Hometown: Barlow, OH
High School: Warren
Parents: Sheri Jordan
Major: Physical Education



Myles Corcoran

Height: 5-8
Class: Freshman
Hometown: Wilmington, OH
High School: Clinton-Massie
Parents: Jim & Barbie Corcoran
Major: Sports & Exercise Studies
Minor: Psychology



Dylan Roush

Height: 6-2
Class: Freshman
Hometown: Racine, OH
High School: Southern
Parents: Yancy & Diana Roush
Major: Occupational Therapy

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RedStorm men tabbed as MSC Runner-up

The Defending Mid-South Conference champion University of Rio Grande RedStorm men's cross country team is predicted to finish second in the MSC Preseason Coaches' Poll. Rio received 74 voting points, including the final two first-place votes. Coaches were not allowed to vote for their own team.

The task will be difficult as Rio Grande is riddled with injuries at the beginning of the season and head coach Bob Willey is uncertain of how many runners he'll be able to field for the season.

"Everybody on the men's side ran all summer, they were all in pretty good shape and then injuries started to take place before a lot them even got here," Willey said. "We have to make some decisions on some, whether we're going to redshirt this person or that person."

"It's one of those, we thought wow we could have one of the better seasons we've had in years and I'm wondering now if we're going to have enough to have a team," Willey added.

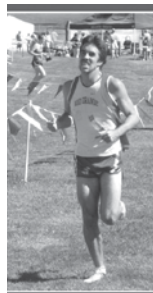
Shawnee State is projected to win the Mid-South Conference, according to the conference coaches.

The Bears -- in their first season in the MSC -- come off a fourth place finish at last season's NAIA National Championships.

Shawnee State received 79 points from the conference coaches, including eight first-place votes. The University of the Cumberlands is third in the preseason poll with 66 points and Campbellsville is fourth with 52 points.

Georgetown College (51 points), Lindsey Wilson (43), Pikeville College (30), UVA Wise (24), WVU Tech (19) and St. Catharine College (12) complete the preseason poll.

The Mid-South Conference Championships are scheduled for Nov. 6 in Portsmouth, Ohio.







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